

Compulsory ski touring equipment

Ski touring equipment

- touring ski
- skins
- poles
- ski mountaineering boots
- helmet
- headlamp with batteries

Avalanche safety

- avalanche probe
- avalanche transceiver with full charge
- avalanche shovel

ABS backpack is recommended

Clothes

- thermal underwear
- windstopper
- jacket
- hard shell jacket
- two pair of gloves - one very warm for very cold weather and one skiing gloves.
- full face mask
- hat

Others

- goggles
- sunglasses with UV factor 4, suitable for mountain condition
- sunscreen
- flask
- first aid kit, knife
- fully charged phone напълно зареден мобилен телефон
- headlamp with fully charged batteries
- high energy food for the day

Prepared by Climbing & mountaineering school